



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

General Manager's Office
Mental Health Services
Carlow/Kilkenny/South Tipperary
Southeast Community Healthcare
St. Dymphna's Hospital
Athy Road
Carlow
Tel: 059 9178066

18th September 2023

Deputy Kathleen Funchion T.D.
Dail Eireann
Leinster House
Kildare Street
Dublin 2

PQ 38142/23

"To ask the Minister for Health the current level of mental health supports available for persons with eating disorders in County Carlow."

Dear Deputy Funchion,

The Health Service Executive (HSE) has been requested to reply directly to you in the context of the above Parliamentary Question which was submitted to the Minister of Health for response.

I have reviewed the matter and the following is the current position.

The South East Eating Disorder Team is in its early stages of development. This regional service covers Carlow, Kilkenny, South Tipperary, Waterford and Wexford.

The team holds an Out Patient Clinic every Monday (except bank holidays) in the Mental Health Outpatient Department, St Dymphna's Hospital, Carlow between 09:00 and 16:00. Service users access this Service through referral by their Consultant Psychiatrist.

An individual accepted for treatment can expect to be offered an evidence based eating disorder intervention if indicated, for example CBT-E (Cognitive Behavioural Therapy Enhanced for Eating Disorders) or MANTRA (Maudsley Model of Anorexia Treatment for Adults). Support is given for nutrition, shopping and meal planning by the Eating Disorders team and family/carer support is also offered if appropriate.

I trust this information is of assistance to you. Should you have any further queries please do not hesitate to contact me.

Yours sincerely,

Siobhan Turner
General Manager
Carlow/ Kilkenny / South Tipperary Mental Health Service